



## Benefits of Energy Saving Technology

Going green is an individual and global initiative. We are each responsible for giving the next generation the resources given to us. Encourage your family to make small changes that have big impact on conserving natural resources:

Switch to long-lasting compact fluorescent bulbs that use less energy and turn off lights as you leave a room.

Set the thermostat above 78°F in summer and below 60 in winter and dress appropriately. In summer use window fans to draw in cool night air, then close and cover windows against the day's heat.

Conserve water with shorter showers. Turn water off while brushing teeth or shaving. Fix leaky faucets. Run dishwasher and laundry machines only when full and during off-peak hours.

Recycle aluminum, cardboard, glass and plastics to reduce the amount of waste in landfills.

Upcycle before throwing it away. Old clothing can be used as rags. Large containers can become planters. Donate serviceable items you no longer need.

Support locally grown produce which lowers greenhouse emissions by reducing the demand for food shipments.

Carpool to shop, attend church, and commute to work. Ride a bike when weather permits. Use public transportation to reduce car expenses and emissions.

Even when appliances and chargers are not in use they continually draw electricity. Unplug seldom-used items or use a power strip to turn them all off with one switch when not in use.